

# INSTRUCTIONS FOR USE

## STEP ONE: Identify Opioid Overdose & Call for Emergency Medical Help



### Check for signs of an opioid overdose

If person DOES NOT wake up after you shout, shake their shoulders and firmly rub the middle of their chest.

**Call 911 and lay the person on their back.**

## STEP TWO: Give NARCAN Nasal Spray

### Remove device from packaging- DO NOT TEST

Tilt the person's head back and provide support under their neck with your hand.

Hold the spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.

**Gently insert the tip of the nozzle into one nostril.**

Your fingers should be right up against the nose. If giving to a child, make sure the nozzle seals the nostril.

**Press the plunger firmly with your thumb to give the dose, and hold for five seconds.**

Remove the device from the nostril after giving dose.



# INSTRUCTIONS FOR USE

Continued

## STEP THREE: Evaluate and Support

Move the person on their side (this is called a recovery position) and watch them closely.



Give a second dose after 2-3 minutes if the person has not woken up or breathing hasn't improved. Alternate nostrils with each dose. You can give a dose every 2-3 minutes if more are needed.

**\*\* Each device only contains one dose. You will need to use a new device for each additional dose \*\***

Perform rescue breathing if needed, and you know how, until emergency medical help arrives.

**For more NARCAN information**

<https://www.calumetcounty.org/156/Public-Health>

