

The Sandwich Club

Adult Children Caring for Loved Ones with Dementia Support Group

Join the conversation about balancing caregiving and navigating care for your parent living with Dementia all while raising a family, career, & social life.



Upcoming Meetings

November 4, 2021
November 18, 2021

Join us from **12p-1p** on the
1st & 3rd Thursday of each Month
virtually via **ZOOM!**

RSVP is required.
If you are interested in attending,
please contact:

Carrie Esselman
Dementia Care Specialist
920-832-2038

"I don't think of myself as a caregiver. I'm his daughter. He needs me. And because he needs me, I know I need to take care of myself."