

# Senior Fest 2018

**Thursday, June 14**

**Chilton High School**

(Enter at Entrance A – Back of School)

**Doors open at 8:00 AM**



**FREE**

**Health Screenings, Exhibits,  
Seminars, Door Prizes & Drawings**

**CATERED BOX LUNCH: \$7.00** ~ club sandwich (ham, turkey, bacon, cheese, tomato & lettuce) on a whole grain roll ♦ fruit cup ♦ chips ♦ cookie ♦ bottle of water (must reserve lunch in advance-see below)

*Meal reservation due by June 5th*

Contact: **Sonny Schaar, Premier Financial Credit Union, P.O. Box 158, New Holstein WI 53061**

## **Resource Information – 8:00-11:30**

Memory Screening by Willowdale

Eye Glass Cleaning

“Eat Well Be Well” Healthy Eating Room

Blood pressure checks at Calumet County Home Health Care & Hospice Agency booth

Skin Cancer Screening – Green Bay Oncology – to register call 920-849-1451

CarFit - 8:30 am - 11:00 am - outside  
Preregistration preferred - contact Nancy at 920-740-9572

## **Seminars**

- **9:00 am - 9:45 am** - Advance Care planning: It's Always too soon until it's too late
- **10:00 am - 10:45 am** - Managing Your Medications for Optimal Health and Safety
- **11:00 am - 11:45 am** - Your Life, Your Legacy – Planning for Nursing Home and Long Term Care

Bingo & Sheephead starts at 1:00 p.m.

For more brochures or other details, call Aging & Disability Resource Center at **849-1451** or Public Health Department at **849-1432** or **989-2700 ext. 451** or **432**