Regular Meeting of
The Aging and Disabilities Resource Center/Long Term Support
Advisory Committee

DATE:        Monday, April 2, 2018
TIME:        9:00 a.m.
PLACE:       Room – 017 Courthouse Basement

AGENDA

1) Meeting Announcement and Posting
2) Roll Call
3) Pledge of Allegiance
4) Approval of April 2, 2018, Aging and Disability Resource Center/Long Term Support Advisory Committee Agenda
5) Approval of February 5, 2018, Aging and Disability Resource Center/Long Term Support Advisory Committee Minutes
6) 2017 Prevention Program Summary-Attachment 1
7) Public Participation
8) Report of Aging and Disability Resource Center/Long Term Support Committee Members
9) Communication
10) Items for Action or Discussion
    a) 2019-2021 Aging Plan Development
11) Report of Department
    a) ADRC Contact Report
    b) 2017 Adult Protective Service Report
    c) Transition Fair
    d) Transportation Updates-Attachment 2
    e) Nutrition Program Updates—Attachment 3
    f) 2018 Alzheimer’s Disease Facts and Figures-Attachment 4
    g) Aging Advocacy Day—May 16, 2018-Attachment 5
    h) Wisconsin Disability Vote Coalition-Attachment 6
12) Report of East Central Wisconsin Regional Planning Commission
13) Report from Regional Aging and Disability Resource Center
14) The next regular meeting date will be June 4, 2018, at 9:00 a.m. in Room 017.
15) Adjournment

-So as not to disturb the meeting, all cell phones must be placed on vibrate and all calls taken outside the meeting room.

-Any person wishing to attend who, because of a disability, requires special accommodation, should contact the (name of Department and phone number where they may call) at least twenty-four (24) hours before the scheduled meeting time so appropriate arrangements can be made.

-This is a public meeting. As such, all members or a majority of the members of the County Board may be in attendance. While a majority of the County Board members, or the majority of any given County Board Committee may be present, only the above committee will take official action based on the above agenda.
Aging and Disability Resource Center/Long Term Support
Advisory Committee Minutes
February 5, 2018

Committee Members Present: Barribeau, Kleckner, Ludeke, Moehn, Stecker, Steffen, Weinberger
Committee Members Excused: Myers, Stanek
Committee Members Absent: 
Staff: Dewhurst, Shaw
Guests: Kolin Erickson

1. CALL TO ORDER: Chair Weinberger called the meeting to order at 9:00 a.m.

2. QUORUM: It was determined that the meeting was properly announced and a quorum was present.

3. PLEDGE OF ALLEGIANCE: Weinberger asked all present to join in reciting the Pledge of Allegiance to the Flag.

4. APPROVAL OF AGENDA: Agenda was approved by Barribeau, seconded by Moehn, MOTION CARRIED UNANIMOUSLY

5. APPROVAL OF MINUTES: Motion by Barribeau, seconded by Moehn, to approve the minutes of the December 11, 2017 Health and Human Services Board and Aging & Disability Resource Center/Long Term Support Advisory Committee. MOTION CARRIED UNANIMOUSLY.

6. PUBLIC PARTICIPATION: None

7. REPORT OF COMMITTEE MEMBERS: None

8. COMMUNICATIONS: None.

9. ITEMS FOR ACTION OR DISCUSSION:
   A) Discussion held on the 2017 Aging Plan Assessment. Plan was approved by Barribeau, seconded by Stecker. MOTION CARRIED UNANIMOUSLY.

10. REPORT OF THE DEPARTMENT:
    A. Discussion led by Shaw on ADRC Activity in 2017. Shaw also reported that Nicole Smith has started as an Information and Assistance Specialist.
    B. Dewhurst provided presentation on 2019-2021 Aging Plan development. Discussion was had regarding issues persons experience as they grow older in Calumet County. Members shared concerns of growing number of persons living with dementia, less family caregivers and people not being aware of available resources.
    C. Dewhurst provided PowerPoint presentation from the Greater Wisconsin Agency on Aging Resources and on Calumet’s Nutrition Program surveys comparing 2016 and 2017 data.
    D. Dewhurst shared Aging Advocacy date at the Capitol will be May 16, 2018. No additional information available yet.
    E. Information was reviewed regarding RAISE Family Caregiver Act (Recognize, Assist, Include, Support and Engage), which has now been signed into law.
11. REPORT FROM EAST CENTRAL WISCONSIN REGIONAL PLANNING COMMISSION:
   ITEMS FOR ACTION: Erickson reports that approximately 90 surveys have been received
   from transportation riders in Calumet County. June 12, 2018, from 1:00 p.m.-3:00 p.m. will
   be the Stakeholder’s meeting at the courthouse.

12. The next regular meeting date will be April 2, 2018 at 9:00 am.

13. ADJOURNMENT: Motion to adjourn the meeting by Steffen, seconded by Kleckner.
    MOTION CARRIED UNANIMOUSLY. Meeting adjourned at 10:01 a.m.

Respectfully Submitted,

Joann Dewhurst
Recording Secretary

- This was declared a $60 meeting.
- These are UNAPPROVED minutes.
Prevention Program Summary 2017

Stepping On:
- 15 classes (202 participants) held throughout the Consortium.
- 5 new leaders trained in 2017

Living Well:
- 4 Healthy Living with Diabetes Offered- 36 participants
- 2 traditional Living Well classes Offered – 20 participants
- This was a down year for these 2 classes, could be a reflection of first year that NHP did NOT send letters for these classes as it had in the past.

StrongWomen/Strong Bones:
- 71 classes held throughout the year in the Consortium. Site locations included: Waupaca, New London, Iola (2-3 classes), Clintonville, Appleton (8 different classes), Kaukauna, Town of Kaukauna, Hortonville, Sherwood, Hilbert, Chilton (2 classes), Brillion, New Holstein (4 classes)
- 5 new leaders trained.

CarFit:
- 1 event held in Appleton- 11 cars checked
- Continued partnership with Make the Ride Happen and Ascension (formerly Affinity) Rehab.

Tai Chi
- Outagamie Class- 2 classes -30 participants
- Calumet County-3 classes- 43 participants
- Leader training held Nov. 29th and 30th- 24 new leaders trained locally
OTHER:

- 6 Community ADRC/Prevention Presentations (always started with ADRC Overview)- 227 total participants
- 8th Annual Fall Prevention Event coordinated by myself in August 2016. Partnerships with Affinity, Neuroscience Center, ThedaCare at Home, Network Health Plan, LSS, YMCA, Rehab Arisces, Walgreens. New date (August) and location (TCC LOURDES), great turnout. 70 participated in this year’s event.
- 3-week Dietetic Intern from UW-Green Bay shadowed me. She developed nutrition brochures for Caregiver events.
- 34 new volunteers signed on and trained (5 Strong Bones, 5 Stepping On, and 24 Tai Chi)
- Coordinated Tai Chi training locally to get a supply of leaders and will work with them to start classes and continue their Tai Chi training further
- Was asked and agreed to sit on the “Findingbalancetogether.org” Editorial Board, and local initiative and Fox Valley agencies to have a one stop shop for Fall Prevention resources (Theda, Ascension, EMS, United Way, Rebuilding Together, Public Health, Taylored Rehab, Valley VNA, NeuroScience and NeuroSpine, etc)
- Continued partnership with Acsension (formerly Affinity) PT’s for all area Stepping On classes.
- Ongoing partnership with Thompson Center on Lourdes
- Continued partnership with YMCA (HOTV, Greenville and Downtown)- to offer classes as well as to promote prevention classes to Active Older Adults.
- In September obtained Waupaca County back (back to full-time)- met with THRIVES to build relationships- already have 3 prospective leaders attending trainings in 2018 to build up leader pool- Helped Waupaca Senior Center write grant to obtain more leaders within as well.
- Working on Partnership with Habitat for Humanity on referrals for Stepping On as they identify those with fall risks during their community projects.

Respectfully Submitted by:

Nancy Krueger
Health and Wellness Coordinator
ADRC Consortium
Hot noon meals are served to the elderly, age 60 and older, at six meal sites around the county. Meal sites are located in Brillion, Chilton, New Holstein, Hilbert, Sherwood, and Stockbridge. These sites are provided at no cost to the program by the sponsoring municipalities. Participants are encouraged to contribute to the program by making a donation and/or volunteering at a meal site. The suggested donation remains at $3.75 per meal. All donations are put back into the program to cover program expenses. Volunteers play a vital role in the program.

Annual surveys are completed by the congregate meal site participants. 70% of the respondents reported that attending the meal program has helped them to continue to live freely where they choose to live. 74% responded that the dining program has improved their quality of life. 45% stated that the nutrition meals they receive at the sites help them to manage their health conditions, such as heart disease, diabetes and high blood pressure. 88% of participants attend the dining center to visit with friends.
Meals are provided to any individual 60 years of age and older who are unable to attend a congregate meal site for medical reasons. Home delivered meals are packaged and delivered by volunteers, Monday through Friday, at all 6 meal sites and Appleton Medical Center in the City of Appleton. Like the congregate program, participants are asked to contribute to the program by making a donation. The suggested donation price per meal continues to be $4.00.

Annual surveys completed by the home delivered meal participants provided the following information: 79% of the respondents reported that receiving the meals help them to continue living independently in their home. 51% stated the meals help them to maintain or improve their health conditions and 93% --an increase of 7% from 2016-- responded that the meal on wheels program has improved their quality of life. 95% of respondents report that they eat healthier because they receive home delivered meals. Some additional comments from the survey were: Meals are very good and healthy. My mother looks forward to each meal. She really loves this service.
**2018 ALZHEIMER’S DISEASE FACTS AND FIGURES**

**ALZHEIMER’S DISEASE IS THE 6TH leading cause of death in the United States**

**16.1 MILLION AMERICANS** provide unpaid care for people with Alzheimer’s or other dementias

These caregivers provided an estimated **18.4 BILLION HOURS** of care valued at over **$232 BILLION**

Between 2000 and 2015 deaths from heart disease have decreased **11%** while deaths from Alzheimer’s disease have increased **123%**

**1 IN 3** seniors dies with Alzheimer’s or another dementia

It kills more than breast cancer and prostate cancer **COMBINED**

**14 MILLION**

**EVERY 65 SECONDS** someone in the United States develops the disease

**5.7 MILLION** Americans are living with Alzheimer’s

**IN 2018,** Alzheimer’s and other dementias will cost the nation **$277 BILLION**

**BY 2050,** these costs could rise as high as **$1.1 TRILLION**

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**14 MILLION**
**Wednesday, May 16, 2018 / 9:00 a.m. — 3:00 p.m.**
Bethel Lutheran Church - 312 Wisconsin Ave., Madison & the State Capitol

Join us to become educated about the issues of importance to older adults, learn new skills and take WAAN’s message on policy issues directly to your legislators.

**To Register:** Complete the online registration at: [www.bit.ly/2018AAD](http://www.bit.ly/2018AAD) or complete this registration form and return it to an affiliated organization (e.g. aging unit, ADRC, senior center) or scan your completed registration form and send electronically to: [janet.zander@gwaar.org](mailto:janet.zander@gwaar.org).

**RETURN REGISTRATION FORM NO LATER THAN TUESDAY, MAY 1, 2018**

| Name: | __________________________________________________________________________ |
| Home Street Address: | __________________________________________________________________________ |
| (This is necessary to determine your voting districts.) |
| City: | __________________________ |
| Zip: | _________________________ |
| Email: | ________________________________________________________________ |
| Phone: | __________________________ |
| Cell Phone: | __________________________ |
| (Organizational affiliation - name of aging unit/ADRC, senior center, etc.) |

More information is available at: [https://gwaar.org/aging-advocacy-day-2018](https://gwaar.org/aging-advocacy-day-2018).

If you want a box lunch, please check your selection below to order a box lunch. Lunches must be pre-ordered and will only be available for those who have reserved a lunch in advance. Donations for meals graciously accepted the day of the event.

- [ ] Turkey Sandwich
- [ ] Cheese Sandwich
- [ ] None

**Note:** If you have other dietary needs, please contact, [janet.zander@gwaar.org](mailto:janet.zander@gwaar.org)

*All lunches include potato salad, fruit, cookie, chips and water.*

There will be a limited amount of transportation offered for those who cannot navigate the 2-block walk or wheel on Wisconsin Ave. from Bethel Church to the state Capitol and/or up the hill to the Capitol entrance. See [location maps](https://gwaar.org/aging-advocacy-day-2018).

Please put a check mark in the box if you require transportation from:

- [ ] Bethel Church to the Capitol (12:15-12:45 p.m.)
- [ ] Capitol to Bethel Church (2:30-3:00 p.m.)

Direct questions to Janet Zander, GWAAR, Advocacy & Public Policy Coordinator at: [janet.zander@gwaar.org](mailto:janet.zander@gwaar.org) or (608) 228-7253.
April 3rd is the Spring Election

ARE YOU REGISTERED TO VOTE?

- Check if you are registered and see which candidates are on your ballot at myvote.wi.gov.
- If you can’t register before Election Day you CAN register to vote at the polls OR you must be allowed to cast a provisional ballot.
- Can’t make it to the polls? Vote Absentee: myvote.wi.gov/en-us/VoteAbsentee
- Find your polling place and see a sample ballot at: myvote.wi.gov

WHAT’S ON THE BALLOT?

- **State Supreme Court.** Two candidates are running for a ten year term on the State Supreme Court to replace retiring Justice Michael Gableman.
  - Rebecca Dallet: https://www.dalletforjustice.com/
  - Michael Screnock: https://www.judgescrenock.com/
- Court of Appeals Judge Districts I and IV
- Circuit Court Judge
- Constitutional Amendment to Eliminate Office of State Treasurer
- Your ballot may include local races such as school board and county supervisor

KNOW YOUR VOTER RIGHTS

- An accepted Wisconsin photo ID card is required to vote. www.bringitwisconsin.com
- If you have complaints about access to voting or believe your voting rights have been violated, file a complaint with the Wisconsin Election Commission: elections.wi.gov/ 1-866-VOTE-WIS
- For help filing a complaint or disability related voting questions, contact the Disability Rights Wisconsin Voter Hotline: 844-DIS-VOTE / 844-347-8683
- Need help getting an ID or getting to the DMV? Call the ACLU Voting Rights Project for free voter assistance: 608-285-2141.

RESOURCES

- Wisconsin Election Commission: elections.wi.gov/ 1-866-VOTE-WIS
- Wisconsin Disability Vote Coalition: www.disabilityvote.org/ & www.facebook.com/wisconsindisabilityvote/

FALL 2018 ELECTION:

- Partisan Primary: Tuesday, August 14, 2018
- General Election: Tuesday, November 6, 2018

State Offices to be Elected: Governor, Lieutenant Governor, Attorney General, Secretary of State, State Treasurer, U.S. Senator, Representative in Congress, State Senator (odd-numbered districts) Representatives to the Assembly (all districts).

County Offices to be Elected: Sheriff, Clerk of Circuit Court and Coroner (where applicable)